

Spring 2023



## Osteoporosis Monitorization

Network Health is working with providers and Members to help monitor and treat osteoporosis after a fracture. Medicare recommends women 67-85 years old who have experienced a fracture, have a bone mineral density test (BMD) within six months after the fracture. For some women BMD screening at the clinic is too difficult to complete and an opportunity to better manage their bone health is missed.

Network Health has a solution. We have partnered with PRN Home Health, a local agency, to meet with Members within their own home to have a complimentary BMD screening. The results are given to the Member as well as sent to the primary care provider. This screening provides the opportunity to further discuss fall prevention and maintaining bone health.

The referral process is simple, just email the Member details to Network Health at [qi@networkhealth.com](mailto:qi@networkhealth.com) and we will schedule this free service with the Member. Network Health is driving innovation to meet Member's needs and build a healthier community.

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## Osteoporosis Clinical Practice Guidelines

Network Health utilizes the [American Association of Clinical Endocrinologists/American College of Endocrinology Clinical Practice Guidelines](#). Osteoporosis guidelines play an important role in guiding health care providers and patients by providing evidence-based recommendations for osteoporosis management. Recently, Dr. Sanders approved the clinical practice

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guideline. Network Health will continue to use the guideline that was approved 6/2021.

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