

HOME TELEMONITORING

The telemonitoring benefit is designed for members who are diagnosed with heart failure. This benefit provides the following.

- Members will receive an assessment from a home health care team member.
- Members are given an easy-to-use monitoring system that will regularly record and send weight, blood pressure, pulse and oxygen level to help monitor their condition.
- A home health care team member will teach your patient how to use the telemonitoring equipment.
- The member will answer a set of symptom-related questions each day and those responses are transmitted to the home health care agency.
- Members get personal attention and phone calls from home health care team members with results sent directly to you.



HOW CAN HOME TELEMONITORING HELP MY PATIENT?

The goal of this benefit is to reduce emergency room visits and hospital readmissions. This benefit is an effective tool to empower newly diagnosed patients, and those who have been living with heart failure, to self-manage more effectively.

WHAT IS THE COST?

This is a covered benefit and there is no cost to Network Health Medicare Advantage (PPO and HMO) members who qualify and get services from participating providers. Network Health pays a maximum amount of \$2,640 annually for the benefit.

AS THE PRIMARY CARE PROVIDER OR TREATING SPECIALIST, HOW WILL TELEMONITORING HELP ME AND MY PRACTICE?

You will be involved throughout the home telemonitoring process. The home health care agency will do the following.

- Contact you to establish a start of care date, time and obtain order
- Establish that you will manage the patient's condition
- Confirm telemonitoring reporting parameters for your patient and contact you when those parameters are not met and your patient's condition changes
- Readings will be faxed to you on a weekly basis or before scheduled clinic appointments
- Monthly outreach to your patient for positive reinforcement
- If your patient is discharged from telemonitoring, the home health care agency will notify you

The primary care provider and treating specialist will be included in all home telemonitoring communications.

No prior authorization is required. If you have any questions about Network Health's telemonitoring benefit, please call the Network Health Medicare Advantage Member Experience Department at 800-378-5234 (TTY 800-947-3529), Monday-Friday from 8 a.m. to 8 p.m.