

November 29, 2021

Lucy Miller
800 Young St.
Bronx, NY 10472

Dear Lucy Miller,

Thank you for talking with me on November 17, 2021, about your health and medications. As a follow-up to our conversation, I have included two documents:

1. Your **Recommended To-Do List** has steps you should take to get the best results from your medications.
2. Your **Medication List** will help you keep track of your medications and how to take them.

If you want to talk about these documents, please call \$(CLIENT_NAME) tollfree at \$(HOTLINE_NUMBER) (TTY users call 711) \$(HOTLINE_HOURS).

I look forward to working with you and your doctors to make sure your medications work well for you.

Sincerely,



Eunice Kim
Pharmacist,
\$(CLIENT_NAME)

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Recommended To-Do List

Prepared on: 11/29/2021

You can get the best results from your medications by completing the items on this **“To-Do List.”**



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

My To-Do List

<p>What we talked about:</p> <p>You are taking PROAIR HFA as your rescue inhaler. Your health plan covers a similar inhaler called LEVALBUTEROL that will cost you lower co-pay every month. LEVALBUTEROL works the same way in your body as your PROAIR HFA and is also the same type of inhaler that sprays a mist.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Ask your doctor for a new prescription for LEVALBUTEROL HFA.
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<p>What we talked about:</p> <p>The shingles vaccine (SHINGRIX) can prevent you from getting shingles or make it less severe if you get shingles. You are at risk for getting shingles because of your age and/or because you had the chicken pox when you were younger.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Ask your doctor about the SHINGRIX vaccination.
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<p>What we talked about:</p> <p>You are taking WARFARIN as your blood thinner. We talked about how important it is for you to take your WARFARIN everyday as prescribed by your doctor. Taking your WARFARIN everyday will decrease your chance of forming a blood clot.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Take your WARFARIN everyday as prescribed by your doctor.
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<p>What we talked about:</p> <p>You are not taking a medicine called a statin. Taking a statin can possibly decrease your risk of a stroke or heart attack.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Ask your doctor if a statin, such as ATORVASTATIN, is right for you.
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<p>What we talked about:</p> <p>Because of your COPD, your risk of pneumonia is high. A PNEUMONIA VACCINATION can help prevent pneumonia. You may need another PNEUMONIA SHOT one year after your first one.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Ask your doctor if you should get a PNEUMONIA VACCINE.
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<p>What we talked about:</p> <p>You have both asthma and COPD, and you were recently admitted to the hospital for your breathing. Your maintenance regimen should include an inhaled steroid medicine. It is often found in combination with a long-acting controller inhaler. It is also important to take your SPIRIVA everyday as prescribed by your doctor.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Please ask your doctor if you should be prescribed an inhaled steroid plus controller inhaler combination, such as ADVAIR DISKUS.
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<p>What we talked about:</p> <p>You are taking CLONAZEPAM for your anxiety. Taking a medicine called an SSRI or SNRI can help better control your anxiety and decrease your need for CLONAZEPAM.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Ask your doctor if SERTRALINE is right for you.
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<p>What we talked about:</p> <p>It is important to have your cognition and memory checked at least once a year.</p>	<p>What I should do:</p> <ul style="list-style-type: none"><input type="checkbox"/> Talk to your doctor about having your memory and cognition checked at your next visit.
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Medication List

Prepared on: 11/29/2021



Bring your Medication List when you go to the doctor, hospital, or emergency room. And, share it with your family or caregivers.



Note any changes to how you take your medications. Cross out medications when you no longer use them.

Medication	How I take it	Why I use it	Prescriber
LISINOPRIL 20 MG TABLET	Take 1 tablet (20 mg) by mouth every evening	High blood pressure	Dr. TestAlloway
CLONAZEPAM 0.5 MG TABLET	Take 1 tablet (0.5 mg) by mouth every day	Anxiety	Dr. TestBell
EXJADE 125 MG TABLET, FOR SUSPENSION	Take 2 tablets (250 mg) by mouth once a day	Chronic Iron Overload	Dr. TestBell
GABAPENTIN 300 MG CAPSULE	Take 1 capsule (300 mg) by mouth three times daily	Nerve Pain	Dr. TestBell
SPIRIVA 18 MCG CAPSULE	Use 1 capsule (18 mcg) by mouth once a day as directed	COPD	Dr. TestBell
ALBUTEROL (PROAIR HFA) 90 MCG AEROSOL, METERED	Inhale 1-2 puffs by mouth every 4 hours as needed	COPD	Dr. TestBell

Medication	How I take it	Why I use it	Prescriber
METOPROLOL SUCCINATE 25 MG TABLET, EXTENDED RELEASE	Take 1 tablet (25 mg) by mouth daily	High blood pressure	Dr.TestAlloway
OMEPRAZOLE 40 MG CAPSULE, DELAYED RELEASE	Take 1 capsule (40 mg) by mouth daily as directed	GERD	Dr.TestAlloway
POTASSIUM CHLORIDE 10 MEQ TABLET, EXTENDED RELEASE	Take 1 tablet by mouth three times a day as needed	Low potassium	Dr.TestBell
WARFARIN SODIUM 4 MG TABLET	Take 1 tablet (4 mg) by mouth every other day as directed by INR clinic	Atrial fibrillation	Dr.TestAlloway
WARFARIN SODIUM 6 MG TABLET	Take 1 tablet (6 mg) by mouth every other day as directed by INR clinic	Atrial fibrillation	Dr.TestAlloway



Add new medications, over-the-counter drugs, herbals, vitamins, or minerals in the blank rows below.

Medication	How I take it	Why I use it	Prescriber

Medication	How I take it	Why I use it	Prescriber

! Allergies:

Alendronate (Anaphylaxis), Acef (Fainting (syncope)), Calamine (Headache), Bumetanide (Hyperglycemia), Ambien (Agitation)

! Side effects I have had:

! Other information:



My notes and questions: