



# MOMENTUM

## Annual Wellness Visit

Your annual wellness visit is considered a preventive service and if your personal doctor (often referred to as your primary care provider or PCP) is within our provider network, this visit is provided at no charge. During this appointment, your personal doctor will provide a general review of your health and well-being and may offer suggestions or information to help you live your healthiest life.

**Complete your annual wellness visit within 120 days of enrollment to meet this requirement toward the \$100 VISA gift card incentive.**

Once you have had your annual wellness visit, please complete the below information and mail to

**Network Health  
Quality Health Integration–Momentum  
1570 Midway Pl.  
Menasha, WI 54952**

OR

Submit through the secure message center at **login.networkhealth.com**. Click the envelope in the upper right corner, which will bring you to the **Message Center**. Choose **New Message**. For **Subject**, select **My Wellness Program** and upload your completed form under **Attachments**. Write a brief message and click **Send**.

Member name \_\_\_\_\_ Date of birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone number \_\_\_\_\_ Date of service \_\_\_\_\_

Provider signature \_\_\_\_\_

If you have questions about qualifications or exceptions for this incentive, please contact Mark Geiger, Quality Health Integration Supervisor, at 920-720-1566 Monday-Friday from 8 a.m. – 4 p.m. or email [QI@networkhealth.com](mailto:QI@networkhealth.com).