

# PREVENTIVE PHYSICAL VISIT



# OFFICE VISIT

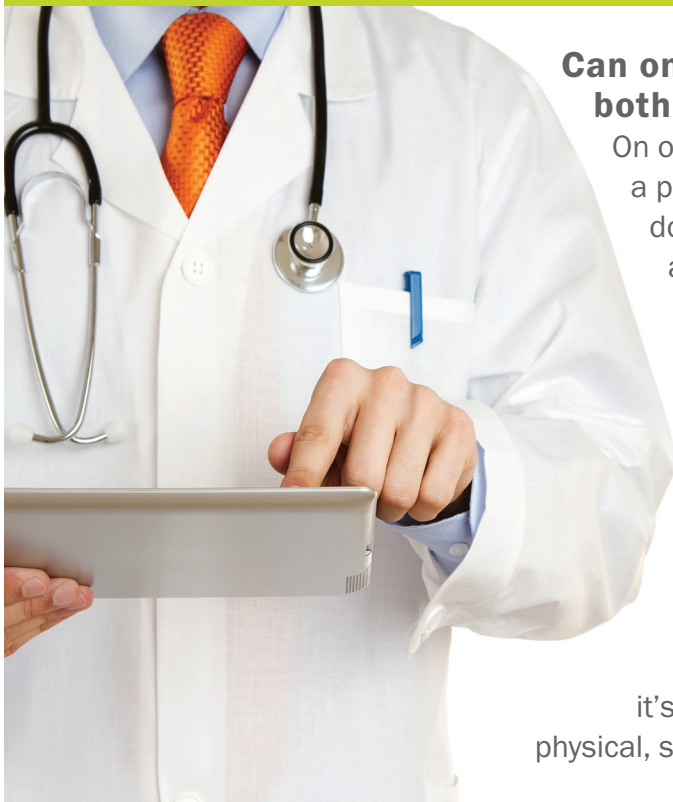
**A preventive physical and an office may seem like the same thing, but these two services are very different. Understanding the difference is important because it may affect your costs.**

## PREVENTIVE PHYSICAL

- A thorough review of your health and well-being.
- Your personal doctor will perform a complete physical exam and provide suggestion to improve your health including changes to your diet, exercise routine or disease screenings.
- Typically, Network Health covers preventive physicals at no charge. Log in to the member portal at [login.networkhealth.com](http://login.networkhealth.com) to view your plan's preventive health benefits.

## OFFICE VISIT

- An appointment to discuss specific, new or existing health problems.
- Your personal doctor may prescribe X-rays, refer you to a specialist or discuss treatment options.
- Depending on your benefits, an office visit usually results in additional costs to you. For plan-specific information about office visits, log in to the member portal at [login.networkhealth.com](http://login.networkhealth.com)



### **Can one appointment be considered both a physical and an office visit?**

On occasion, one appointment can meet the requirements for a physical and an office visit. If this happens your personal doctor will submit a charge for both a preventive physical and an office visit. If your preventive physical includes consultation or treatment for a specific condition, your provider is legally required to report additional medical services on your bill.

### **How does this affect you?**

Combining a preventive physical and an office visit will save you time by eliminating an extra appointment but it may affect your costs. Doctors must bill your visit based on both the reason you scheduled the appointment and what is done during the appointment. For this reason, it's important to remember when you see your provider for a physical, something more than a general evaluation could cost extra.